



Wellington Times

Monthly News and Information

October, 2023 Issue 2

Principal: Jill Pensa



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PRINCIPAL'S MESSAGE

We have had a wonderful first month of school and I have so enjoyed getting to know all of your children. The energy in the school is positive and there are so many effective instructional strategies being used by the staff here.

We have made a minor adjustment to our bell schedule as we had 5 minutes too many instructional minutes. The students are now starting with a 20 minute recess and coming in from the yard at 9:40. This has shifted our lunch/recess to be starting at 12:10 and ending at 1:10.

The students seem to be enjoying the independence of bringing their own \$1 for milk and going to the PUP room to purchase it.

This month we are busy with Cross Country field trips and soon will be getting ready for Progress Reports to go home.

Jill Pensa



News and Upcoming Events

Daily Arrivals

We will continue with our practice of starting the day with a 15 minute recess, as that was successful last year. This is an opportunity for friends to connect on the yard and staff to ensure classrooms are ready, so that we all start on time and focus on the learning at hand! We appreciate you ensuring that your children are here on time. As part of our Safe Arrivals Program, if your child is not at school, we need to hear from you to ensure they are safely accounted for. Thank you for ensuring you call in a timely fashion to save us calling you to check on them.



Impact Zone

We are excited to be offering the Impact Zone After School Homework Club at Wellington Elementary ~ Prescott Every Monday, 3:45-5:30 pm | Starting October 2nd – till Year End The IMPACT ZONE is a FREE after-school homework club for grades 3-6, which provides a loving, safe and inclusive environment. We also encourage the children with a positive Christian character-developing lesson, guest speakers of various vocations from the community, crafts, gym time, nutritious snacks, Christmas parties, field trips, year-end St. Lawrence River tubing parties, and other fun activities. Our mission is to ensure children understand their inherent value and recognize the world of endless opportunities waiting for them! If you want to join the Impact Zone, please go to the main office to register or online @ www.crosstownimpact.com/impactzone. If you have questions or require more information about the program, please call (613)-213-1968 or go to www.crosstownimpact.com.



Allergy Safe / Scent Free School

We have several staff members and students with severe allergies at Wellington. Please ensure that you do not send snacks or lunches that contain **nuts of any kind or soy butter** to school. We are also a **scent free** environment. Please refrain from wearing scented products in the school. The safety of our staff and students is our main concern

Email, Facebook & Notices Home

To promote effective communication between home and school we would like to communicate with families electronically as much as possible. Please consider signing up for My Family Room, a secure service that provides parents access to a variety of features that enhance communications, saves time, and provides 24/7 access to information related to your children.



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Wellington School Council

Thank you to the School Council for a great first meeting in September! We have a wonderful team ready to work and make this school year fun for our students. Our next meeting is Thursday, October 19 at 6:00. If you are interested in joining or attending, please email jill.pensa@ucdsb.on.ca

Hot Lunch

Forms are going home mid-month, with the first Hot Lunch served Wed., Oct. 18. We cannot do it without adult assistance! If you have some time that you could either come once a month to help count money, or come in the day to help give out lunches, please email or call the Principal at jill.pensa@ucdsb.on.ca



E-Bits from the Health Unit



Walktober is almost here! October is Walk to School Month. While the weather is still nice, consider walking your children to school instead of driving. This will create less traffic and pollution around the school contributing to safer school zones. Live too far away from the school? Try parking a block away from the school and walking the rest of the way. The active journey outside can reduce stress, depression, and anxiety, increase happiness and supports healthy brain development in children. You may also create some great memories with your kids along the way. For more information on active school travel and safety tips visit: <https://healthunit.org/health-information/physical-activity-rest/active-school-travel/>.

OCTOBER



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Thanksgiving Holiday	10	11	12 UC Cup Cross Country Qualifier	13	14
15	16	17 IEPs go home	18 Bus Driver Appreciation Day	19 6:00pm School Council	20	21
22	23	24	25	26 Photo Retakes	27 Dress Purple Day	28
29	30	31				